



Open the bag...



...and take out the parts.



Attach the boom to the front tubes with the U-pin lock.



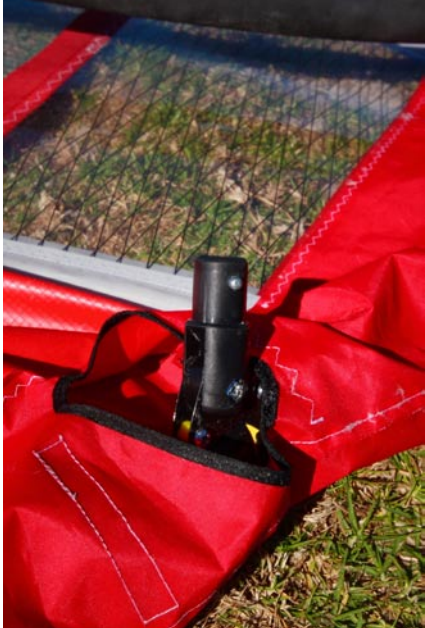
Then roll out the sail and fold it as shown in the picture.



Push the front tubes all the way inside the front tube pockets.



Pull out the tube joints through the openings...



...like this.



After that: rotate the y-tubes and clip them to the joints.



Attach one end of the Cross bar. You'll find it easier to attach the other end if you keep...



... one foot on the front tube while you push down the boom by the y-joint.



With the same technique, tension the crossbar. **NOTE: more wind = longer crosstube.**



To insert the front tube extensions, you need to pull up the sail along the front tube, but be careful with the battens.



Then push in the extension into the ends of the front tubes so that the convex surfaces face forward.



Pull back the sail over the extensions and make the extensions bend in an arch. **NOTE: more wind = more tension.**



Tension the sail by tightening the webbing band from the extensions through the lock at the sail tip



Finally tighten up the chord at the leech (rear) of the sail and the...
NOTE: more wind = more tension.



...webbing band around the boom. This creates a spoiler shape, that prevents the wing from nose diving. **NOTE: more tension = less diving. Less tension = more power.**



And off you go! ;)